



**DR. ROBERT HOUSER**  
COSMETIC & PLASTIC SURGERY  
OF COLUMBUS, INC

495 Cooper Road, Suite 217 · Westerville, OH 43081

Phone: 614.890.5565 · Facsimile: 614.890.5561

Diplomat, American Board of Plastic Surgery

Member, American Society of Plastic Surgeons

[www.Drroberthouser.com](http://www.Drroberthouser.com)

## **SKIN LESION SURGERY INSTRUCTIONS**

### ***Before Your Operation...***

1. In the event your procedure takes place on the day of your initial evaluation with Dr. Houser, please keep the following information in mind:
2. There is no special preparation prior to your surgery.
3. Check with your insurance company to be sure all is in order. Normally no pre-certification is required for minor, outpatient office procedures such as this. It never hurts to double check!
4. If you have any questions before your procedure, call (614) 890-5565 weekdays between 9:00 a.m. and 5:00 p.m.

### ***Day of Surgery...***

1. Take your regular medications.
2. Eat as usual.
3. Wear comfortable clothing.
4. You may drive unless Dr. Houser tells you otherwise.
5. No strenuous activities which would increase chance of bleeding.



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### *After Your Surgery...*

1. Keep the wounds clean. You may change dressings. **If there are paper tapes on the skin, leave them on. You may wash over them gently.**
2. If instructed, remove tapes on the 5<sup>th</sup> day after surgery on face and neck, and after 7-10 days on other areas.
3. You can expect:
  - a little bleeding
  - some firmness in the scar for several weeks to months
  - redness of the scar for several months
4. After 2 weeks, resume full normal activities.
5. Call (614) 890-5565 if you have any problems.
6. **If a specimen was sent to the laboratory, someone from our office may call you in 3-5 days after surgery. You will be billed separately from the lab for their services.**

*Feel free to call us any time. We want you to be as comfortable as possible during your healing period.*

### *Office Visits...*

If there are no sutures to be removed, a post-operative appointment is not necessary.

You will be instructed otherwise.